

Bereavement in the Workplace Training

Pregnancy and Baby Loss

About the training

The ICCM and Sands have developed this training course specifically for anyone involved in working with bereaved people who have experienced pregnancy and/or baby loss. The course provides an invaluable introduction to the unique grief of pregnancy and baby loss, how grief can affect people and impact the workplace, and how to build a supportive environment.



It is a difficult subject for most and not one often talked about at work. The trainer was sympathetic, compassionate, and informative.

Training participant

Course overview

- Grief and bereavement and how these may impact the workplace
- Experiences of pregnancy and baby loss
- Relevant employment law
- Compassionate communication
- Supporting your wellbeing
- Support, tools, and guidance available for workplaces

Suitable for: anyone working with or supporting those who have experienced pregnancy or baby loss.

Equipment required: a computer, phone or tablet with internet connection, video and microphone function. Able to run MS Teams.



Learning outcomes

- Understand the emotional and psychological impact of pregnancy and baby loss, and how grief and bereavement may manifest in the workplace.
- Knowledge and understanding of how best to support colleagues in the workplace.
- Apply principles of compassionate communication to engage sensitively and appropriately with those affected.
- Increased confidence in navigating emotionally complex conversations related to pregnancy or baby loss.
- Access and utilise available resources, tools, and guidance to foster a supportive and inclusive environment.

50%

of UK adults say they or someone they know, has experienced at least one form of pregnancy or baby loss.

99%

of participants felt more prepared to support a bereaved colleague after taking part in the training.