

# National Grief Awareness Week

## 2<sup>nd</sup> to 8<sup>th</sup> December 2019



## From Anfield to Agecroft

### 5<sup>th</sup> December 2019

As part of the National Grief Awareness Week, members of the ICCM North West Branch are undertaking a 30 mile walk from Anfield Crematorium, Liverpool to Agecroft Crematorium in Salford via St Helens Crematorium

Whilst trying to raise awareness of issues around bereavement and the potentially severe effects grief has on people, the aim is also to help promote the work of the Good Grief Trust and the role they play in trying to change the way we deal with this taboo subject in the UK and encouraging us all to talk about death more openly.

Anfield Crematorium – 06:00

St Helens Crematorium – 09:00

Agecroft Crematorium – 18:00

For Further Information, please contact:

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Donations can be made through the following website:

<https://www.justgiving.com/fundraising/mathew-crawley7>