Dear Tim,

On behalf of the British Heart Foundation (BHF) and heart patients across the UK, thank you for the fantastic donation of £8,333.00 we recently received. Please pass on our warmest thanks to everyone who nominated the BHF to benefit; this generosity really will help us continue our life-saving work.

Your support means we can make a real difference to heart patients and their families; through our pioneering research, innovative care programs and provision of vital heart health information.

**A time machine for the heart**

This year saw a major research discovery that could slow the premature ageing of coronary arteries.

Previous research has proved that patients with severe heart disease have arteries that are biologically up to 40 years older than their real age. But our latest breakthrough has gone a step further, finding that treatment with statins kick-starts the cell’s ability to repair themselves.

BHF Chair Martin Bennett led the research and is in no doubt as to its significance: “It is an exciting breakthrough to find that statins not only lower cholesterol but also rev up the cells’ own DNA repair kit, slowing the ageing process of the diseased artery.”

Research like this is bringing us ever closer to a full understanding of the causes of heart attacks, so that one day we may prevent what is the single biggest cause of death and disability in our society.

We are the major funder of heart research in the UK - this simply would not be possible without the support we receive from companies like yours. We still urgently need help to make even greater progress in the future. Please take a look overleaf to see how you can get more involved.

Thank you for supporting the BHF.

Very best wishes

Jamie Grier
Corporate Partnerships Department
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BEATING HEART DISEASE TOGETHER